

Activities	Options	Cost € Max & Min	Equipment / Info You Need	Preferred day. Number & €	Meet Time & Location
Guided Hikes Take a local guide to discover the Chamonix Valley, scenic or invigorating the choice is yours.	Half or Full day	tbc€pp half day 35€pp full day 10 max.	<ul style="list-style-type: none"> Suitable shoes, water, sun cream, weather resistant clothes. 		
Guided Mountain Bike Ride Join a local guide for an introductory bike ride or a challenge in Chamonix valley.	Full or half day.	Private tbc€hdpg Group 59€hdpp 4 to 8 people.	<ul style="list-style-type: none"> Sports attire for the weather, etc. Bikes supplied. 		
Parapenting Take a flight with our expert pilots. See the valley from the best vantage point. Exceptionally scenic or adrenaline fuelled, the choice is yours! If not try the helicopter!	<ul style="list-style-type: none"> Plan Praz Top of the Aiguille du Midi 	99€ 239€ (30kg min)	<ul style="list-style-type: none"> Lift pass required. Meet at the bottom of the agreed lift. 		
Vallée Blanche Glacier crossing. The most Impressive walk in Chamonix. Possibly in Europe!! Cross the Vallée Blanche from the Aiguille du Midi to Helbronner. A One-off @ 3600m!!	Full Day	TBC€ pp 3 to 5 people (12yrs strong)	<ul style="list-style-type: none"> Lift passes required. Suitable clothes, hat, cream, sunglasses. Need to Rent: Walking boots and crampons. 		
First steps on a glacier. Like crossing the Vallée Blanche. Glacier walks accessible to everyone.	Half day	TBC€ pp 49-54€ 4 to 6 people. (12yrs min group)	<ul style="list-style-type: none"> Lift passes required. Suitable clothes, hat, cream, sunglasses. Need to Rent: Walking boots and crampons. 		
ROCK CLIMBING Rock climbing with an experienced, qualified guide. First time or a new challenge. It is so rewarding! All abilities welcome.	AM / PM or Full Day	49€ hd TBC€ fd 4 to 6 people. (6 yrs min)	<ul style="list-style-type: none"> Attire for the weather. Climbing shoes can be rented Safety equipment supplied 		
CANYONING Sliding, swimming, jumping and abseiling the course of a mountain river. Part and parcel for the most exciting summer water sport. Wet suit sizes required.	AM / PM	69€ 4 to 8 people. (8yrs min)	<ul style="list-style-type: none"> Swimmers, towel and shoes with grip for getting wet. 		
Half Day – RAFTING (Passy) Experience rafting for the first time on a Class 2 river. 1hr15, of navigation	Am / Pm or Early evening	39€ (6yrs min)	<ul style="list-style-type: none"> Swimmers, towel 		
Half Day – Canoe-Raft (Passy) Experience the excitement of 2 man 'Canoe-rafts' where you are in control! Guided 1hr15on a Class 2 river.	Am / Pm or Early evening	39€ (12yrs min)	<ul style="list-style-type: none"> Swimmers, towel 		
FULL DAY WHITE WATER RAFTING One of the best white water adventures in Europe!! On the Dora Baltea River in Italy (grade 4). Wet suit sizes required	Day Trip	119€ (15yrs min)	<ul style="list-style-type: none"> Swimmers, towel and lunch, motivation for an awesome day out. 		
HYDROSPEED (Passy) Body rafting the rapids(Class 2).Superb fun!	Best late afternoon.	49€ TBC (12yrs strong)	<ul style="list-style-type: none"> Swimmers, towel. Warm clothes 		

Other activities: Helicopter flights, Via Ferrata, Introduction to Mountaineering, Intermediate climbing at altitude, and much, much more.

- NB:**
- Some activities require the purchase of lift passes.
 - Canyoning and full day rafting require us to have your European measurements 5pm the evening prior to the activity.
 - There are some physical requirements and essential equipment for most activities. Please speak to your rep so that everything is clear before participation.
 - An activity will be deemed to be going ahead, until the guide or instructor decides otherwise.
 - Please confirm the activity start time and locations with your rep. Changes can sometimes occur, please check regularly.
 - You are advised that participation in any potentially hazardous activity is completely at your own risk. Always check the details of your insurance policy before participating, as some activities may not be covered.
 - Full refunds can only be given with 48 hours notification and a doctor's certificate.